



# 普通安定放松 TAKE IT EASY FOR STRONG STRESS RELIEF 有效缓解压力

## 1. RECOMMENDED USE 使用建议

**Cavalor Take It Easy paste helps manage stress quickly, so that your horse is calmer and more focused when it arrives at the start.**

**Cavalor Take It Easy 普通安定放松棒有助于快速管理压力，让您的马在开始工作时更加平静和专注。**

Cavalor Take It Easy promotes rest and relaxation during temporary stressful situations. It contains a high dose of L-Tryptophan, which can be absorbed quickly and efficiently by the body due to its combination with vitamin B1. Tryptophan stimulates the production of serotonin, an endogenous substance that is part of the body's natural stressdefence system. The paste in an oral syringe makes Cavalor Take It Easy ideal for use during competitions to promote calm and concentration.

Cavalor Take It Easy 在暂时的压力情况下促进休息和放松。它含有高剂量的 L-色氨酸，由于与维生素 B1 结合，可以被人体快速有效地吸收。色氨酸刺激血清素的产生，血清素是一种内源性物质，是人体自然压力防御系统的一部分。口服营养膏剂使产品非常适合在比赛期间使用，以放松紧张马匹精神状态和集中注意力。

## 2. PRODUCT PROPERTIES – KEY INGREDIENTS 产品特性-关键成分

**L-Tryptophan:** tryptophan stimulates serotonin, an anti-stress hormone naturally produced by the body.

L-色氨酸：色氨酸刺激血清素，一种由身体自然产生的抗应激激素。

**Vitamin B1:** facilitates the work of neurotransmitters, supports the adrenal glands and has a soothing effect.

维生素 B1：促进神经递质的工作，支持肾上腺并具有舒缓作用。

**Magnesium citrate:** organic, easily absorbable source of magnesium. Magnesium has a soothing effect and helps muscles relax.

柠檬酸镁：有机、易吸收的镁来源。镁具有舒缓作用，有助于肌肉放松。

vitamin B1 ➔ 1,200 mg/l

Tryptophan ➔ 296,000 mg/l

Magnesium ➔ 1%

PRODUCT PROPERTIES – KEY INGREDIENTS

# NERVOUSNESS AND BEHAVIOUR

### 3. INSTRUCTIONS FOR USE 使用说明

There is no universal approach to horse stress because every horse reacts differently. The recommended dosage is: 1/3 tube the evening before, 1/3 tube the morning of and 1/3 tube one hour before the stressful event. Depending on the event and the degree of stress associated with it, the dose can be adjusted from a minimum of 20 g up to a maximum of 180 g spread over a 24-hour period prior to the stressful event. 1 syringe = 60 g.

没有通用的方法来应对马的压力，因为每匹马的反应都不同。推荐的剂量是：前一天晚上 1/3 管，早上 1/3 管和压力事件前一小时 1/3 管。根据事件和与之相关的压力程度，可以在压力事件发生前的 24 小时内将剂量从最小 20 g 调整到最大 180 g。1 个管 = 60 克。

### 4. PACKAGING AND STORAGE 包装与储存

Store in a cool, dry place. Keep out of reach of children.

May be stored up to 1.5 years after the production date.

储存在阴凉，干燥的地方。远离儿童。保质期 18 个月。



#/OUTER BOX	EANCODE	PACKAGING	# DAYS
4	 5425016902424	Cavalor Take It Easy 6 x 60 g / 6 x 0.13 lbs syringes	6
50	 5425016901649	Cavalor Take It Easy 50 x 60 g / 50 x 0.13 lbs syringes	50